

**WESTFIELD PUBLIC SCHOOLS**  
Westfield, New Jersey 07090

**PROGRAM**  
**2431.3**  
**Heat Participation Policy**  
**for Student-Athlete Safety**  
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Page 1 of 1

**2431.3 HEAT PARTICIPATION POLICY FOR**  
**STUDENT-ATHLETE SAFETY**

The Board of Education adopts this Policy as a measure to protect the safety, health, and welfare of students participating in school-sponsored athletic programs. The Board believes practice and pre-season heat-acclimation guidelines for students will minimize injury and enhance a student's health, performance, and well-being.

Therefore, the Board of Education requires the implementation of the practice and pre-season heat-acclimation procedures as recommended by the New Jersey State Interscholastic Athletic Association (NJSIAA) for students participating in all school-sponsored athletic programs during warm weather months. The Superintendent or designee shall ensure the implementation of the Practice and Pre-Season Heat-Acclimation Procedures.

The Superintendent or designee may reduce practice times or adjust other provisions that would reduce a student's exertion if weather and/or temperature warrant such action.

First Reading: August 3, 2020  
Second Reading  
Adopted